

Plastic surgery caregiver planning

Version/date: _____ Next confirmation: _____

Private planning aid. Clinical requirements, restrictions and clearance come from the treating team. This roster establishes no required helper duration or clinical readiness.

Task or time block	Actual instruction and source	Agreed role	Availability and ability confirmed?	Backup or unresolved question

Unresolved conflicts and backup arrangements

Changes, confirmations and next review

Mark each item as agreed, still a question, or changed. A name in a box does not establish ability, authority or capacity. Share only the information needed for the task; keep personal details private.

Source context: MedlinePlus after-surgery education; NIA caregiver worksheets; AHRQ patient/family communication resources.
Original worksheet; agency materials are not copied.